

**“WHO you are is HOW you lead”™**  
***transforming self to transform work***  
**1:1 super-Vision programmes for leaders and people professionals everywhere**



Our flagship 1:1 super-Vision programmes invite leaders and people professionals to journey with a CSA super-Visor to explore “WHO they are” as a foundation to “WHO they are becoming”™ when they lead

Leading is an immense privilege because of its power to impact other lives, society and the planet. But to lead well requires us to open up reflective spaces, which enable us to return to the essence of our humanity, what it means to be human and what it is to work with other human beings. At its heart leadership is all about the relationships we create through the conversations we have in service of an organization’s purpose. Learning to lead then becomes a lifelong journey because as the poet David Whyte says *“work is the place where self meets the world”....“we are shaped by the world and in turn are shaped by it”*.

Leading well now requires leaders to shine in their own uniqueness - to be all of “WHO they are”™ - to inspire others to shine in theirs and be their best. CSA’s super-Vision™ sees the work of being a leader as first and foremost a radical act of learning to lead and express oneself - to know, to celebrate and to accept oneself - because it is this which unlocks a leaders’ ability to work effectively with others and to work with integrity in the world. Our purpose is to enable leaders to lead from their own powerful presence in order to release the creativity, passions and imaginations of others to find new paths out of today’s challenges.

super-Vision™ works by providing the safe reflective spaces for leaders to have the courageous conversations with a skilled super-Visor™ where they can creatively explore the critically important but often lonely questions of:

- who I am in this?
- who am I in relationship to others or to the world?

- how can I make sense of what is happening?
- what is my purpose as a leader?
- what do I intend and what do I value?
- what shadow am I casting as I work?
- how do I get out of my own way?
- how do I successfully manage the day to day whilst daring to shape the future?
- how do I balance enjoyment, personal fulfillment and business success?

Leaders report the relief of having the rare opportunity to pause to make sense of all that is happening. From this new insights, perspectives, and meaning emerge for elegant action and business success. They enjoy learning how to lead with clarity, courage, compassion and wisdom. They also enjoy the freedom they discover that the answers lie within themselves and not in textbooks; when they discover that by investing in developing “WHO they are” as a leader can unlock new ways of thinking, learning, relating, talking and acting differently which in turn enables everyone to be more, to contribute more and to achieve more.

As one leader from a multinational company said:

*“...the journey has been truly amazing.... I now fully understand what I bring, what others bring and what we can create together”*

To find a CSA approved super-Visor from anywhere in the world please visit our website [www.CSA-Leadership.com](http://www.CSA-Leadership.com)

